



THE MEDICAL AID INTERNATIONAL NEWBORN RESUSCITATION FLOWCHART



PROTOCOL FOR EFFECTIVE NEONATAL RESUSCITATION

BABY NOT BREATHING / GASPING / NOT CRYING:

Dry and stimulate baby with cloth for no more than 10 seconds.

If baby breathes, hand to mother, closely observe, proceed as normal.

BABY DOES NOT BREATHE:

Start ventilation with bag valve mask (BVM).



- S** – Sniffing position
(slight neck extension)
- M** – Mask fits securely over nose & mouth
(not eyes)
- I** – Incline jaw
(lift bony angles to open airway)
- L** – Little squeeze
(enough for chest rise, no overinflation)
- E** – Every second or so
(40–60 breaths/min)

If baby breathes give to mother, monitor very closely.

BABY DOES NOT BREATHE:

If baby does not breathe after 5 ventilated breaths, or if no chest movement use bulb suction to clear secretions, meconium, or blood.

Suction mouth before nose.

Continue BVM.

Assess heart rate, if available attach pulse oximeter.

Commence chest compressions if under 60 beats per minute.

THE GOLDEN MINUTE